



BCU North West  
Coach Update day  
27<sup>th</sup> February 2010

At the new

## **Crosby Lakeside Adventure Centre**

### **Programme for the day:-**

Key Note Speech, An update on Coaching

Am Workshops

- Coaching the Mind, (Inside)
- Learning through games and activities (Outside)

PM Workshops

- Coaching and Assessing 2\* (Outside)
- Outdoor Education and Paddlesports (Inside)

or

**UKCC Level 2 Transfer**

**£20 for the day** (plus any certification fees and registration fee)

Please contact Ian Bell or Gareth Field for more information

[ianandalisonbell@yahoo.co.uk](mailto:ianandalisonbell@yahoo.co.uk) or [gareth.field@canoe-england.org.uk](mailto:gareth.field@canoe-england.org.uk)



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**Name:**

**BCU No:**

**Phone No:**

**BCU Expiry:**

**Address:**

**E-mail:**

(Please write clearly as this is how we will communicate with you)

**Canoe Club:**

**Sessions:** Please indicate 1<sup>st</sup> or 2<sup>nd</sup> choice in the boxes

Morning Sessions	Certification fees?	Choice
Coaching the mind	Yes £5	
Learning through games and activities		
Afternoon Sessions		
Outdoor Educations and Paddlesports	Yes £5	
Coaching and assessing 2*		
All Day session		
UKCC Level 2 Transfer	You must have registered to attend this course with Head office	

**If attending the transfer course you must have all the pre requisites and registered with head office**

**Please send a cheque made out to BCU N West for £20 to Ian Bell**

**Ian Bell, 60 The Channel, Burbo Way, Wallasey, CH45 3NX**